

Forms and Instructions to register for Sports at Lindbergh High School

To participate in Interscholastic Athletics:

A student must:

1. Have earned at least 2.5 units of credit the preceeding semester
2. be citizens in good standing at Lindbergh High School. To be considered a good citizen, students must have good attendance, appropriate grades and be fine and discipline free.
3. Have a valid physical for the current school year (after February 1st, 2008 for the current year)
4. Have a completed permission form

The physical and permission form should be submitted together to the High School Nurse for approval. After approval by the Nurse, the permission form should be turned into the Athletic Office

Fall Sports Practice & Tryouts begin Monday, August 11, 2008

School Opens Tuesday August 19, 2008

Fall Sports Registration closes Friday, August 22, 2008 (Late registration after August 11th is entirely at the discretion of the individual sport coach)

Athletes must read:

The Lindbergh High Athletic Code of Conduct and Application to Participate in the High School Interscholastic Athletic Program

This application to represent my school in interscholastic athletics is entirely voluntary on my part and is made with the understanding that I have studied the eligibility standards that I must meet to represent my school and that I have not violated any of them. I also understand that an athlete at Lindbergh is subject to disciplinary action if he/she commits any of the following violations:

1. Falsification of a signature on the athletic permit card. (If falsification is by a parent or another student, the athlete will be held responsible.)
2. Theft or vandalism of any school or personal property.
3. Repeated acts of unsportsmanlike conduct during the sport season in which the athlete is involved, such as cheating, fighting, or verbal abuse of officials, contestants, coaches or spectators.
4. Use of, or possession of tobacco, alcohol, marijuana or any nonprescription drugs, or abuse of prescription drugs.

Any violation of the stated policy while the athlete is enrolled at Lindbergh will result in the following action:

FIRST OFFENSE

1. Suspension from 10% of the scheduled contests for the current season in that sport. Participation in practice sessions will be allowed at the discretion of the Head Coach. If the athlete is not currently participating in a sport, the penalty will begin at the opening of his/her next athletic season. Reinstatement will be after the suspension and a parental conference with the athletic director.
2. If drugs or alcohol are involved, mandatory contact with the intervention counselor and athletic director is required. The athlete may not practice until his/her coach has received notification from the intervention counselor or athletic director that preliminary contact has occurred.
3. Voluntary admission of and infraction of the training rules regarding substance abuse will not result in 10% suspension, but will count as a first offense. In such case, mandatory contact with the intervention counselor and athletic director is required. (The purpose of this provision is to allow the athlete to seek help. This voluntary admission may NOT be used by a student if the training rule infraction is already known to the school.) This provision may be used only one time by any athlete.

SECOND OFFENSE

Suspension from 50% of the scheduled contests for the current season in that sport. Participation in practice sessions will be allowed at the discretion of the Head Coach. If necessary, this suspension may be carried over from one sport season into another, or from one year into the next year..

NOTE: These penalties do not preclude administrative disciplinary measures. These sanctions apply to all athletes whether or not they are actively engaged in their sport(s) at the time of the violation.